



**MATIS FACIAL TREATMENTS**

(Products available for retail)

Matis are an award-winning skincare brand offering high-performance concentrated products with the lowest allergy rate in the world. Products are selected to suit your individual needs to give you the best possible results. Please remove contact lenses before your appointment.

**Cleansing Treatment:**

The perfect introduction to Matis, the “basic” Matis treatments are adapted to all skin types. They provide thorough cleansing of the skin deep down to ensure a perfectly purified and detoxified epidermis (40mins).....£30

**Eye Contour Treatment:**

An award-winning, specific eye treatment. Formulated to firm, smooth and relax the vulnerable eye area. A special Matis eye massage and mask combined for a visible difference in how your eyes look and feel, to put a sparkle back in your eyes (40 mins).....£35  
In conjunction with any Matis facial (20 mins).....add £25

**Vitalite Energy Booster and Regenerating Treatment:**

A high performance solution to a dull, stressed, tired and devitalised skin. Providing the skin with vitamins, nutrients and a source of energy to revitalise or regenerate and to leave the skin bursting with health (1 hr 10mins).....£42

**Absolute Purity Self Heating Treatment:**

A “sauna” treatment designed to deep cleanse, purify and matify a combination and oily skin (1hr 10mins) ..... £42

**Delicate Treatment:**

A fantastic soothing treatment and a concentrated source of instant, lasting comfort and freshness, dedicated to a fragile sensitive skin (1 hr 10mins).....£48

**Remineralising Treatment:**

This “mineral beauty” treatment enriched with white clay, rhassoul and precious pearl extract gently purifies, softens, and revitalises the complexion (1 hr 10mins)..... £48

**Skin Enhancer Treatment:**

A dual-action facial that can moisturise, soothe, energise or purify and give instant radiance. Exclusively from marine origin, highly concentrated in mineral rich actives. We will prescribe for your skin’s personal needs (1 hr 10 mins).....£50

**The Reponse Temps Time Defying Treatment:**

A regenerating, nourishing and anti-ageing facial. Incorporating the luxurious warm Unique mask and anti-ageing concentrate loaded with sophisticated re-energising and stimulating ingredients. This will leave your skin feeling calm, supple and radiant

(1 hr 10 mins) .....£60

**Intensive Wrinkle Corrective Treatment:**

A high precision treatment to prevent and correct expression lines, revealing a smooth, radiant and even complexion. Recommended once a month. Not

recommended for extremely sensitive skins (50 mins).....£60

**Ultimate Hydrating Treatment:**

This treatment helps to revitalise the skin, to stimulate its cell metabolism and to preserve its youth. Perfectly hydrated, the skin regains all its tone and firmness

leaving the features relaxed (1 hr 10mins)..... £70

**SK4 Treatment:**

The latest in technology, to secure your future skin perfection using award winning Matis skincare. A personalised program incorporating sonic peel exfoliation, galvanic to deep cleanse and hydrate, micro-current to lift and firm and ultrasound to soothe.

Perfect for all skin types to give a natural “face lift” as a preventative or intensive treatment course (1 hr 15 mins).....£55

Course of 6 – Buy 5 get 1 free.....£275

Luxury SK4 (1 hr 30 mins) .....£60

Course of 6 Luxury – Buy 5 get 1 free.....£300

**Add SK4 to your facial**

Add sonic peel to any facial in place of exfoliation and steam.....add £5

Add a micro-current treatment to any facial (20 mins).....add £15

**SK4 Eye:**

A relaxing hour devoted to the eye, this treatment will help to lift and firm (1 hr)...£50

In conjunction with any other facial excluding SK4 (20 mins).....add £30

Course of 6 – Buy 5 get one free.....£250

**MEN’S FACIALS & CUT THROAT SHAVING**

(Products available for retail)

All Matis Men’s Facials start with a welcome back massage

**Radiance Revealing Treatment:**

A radiance revealing treatment to awaken dull, tired complexions.

Excellent for combination and oily skin in need of luminosity and a matt finish  
(1 hr10 mins) .....£42

**Anti-Ageing Treatment:**

An exclusive anti-ageing treatment designed for mature skin, to regenerate, boost and energise men’s skin (1hr10mins).....£42

**Cut Throat Shaving**

**Express Shave:** Includes cleanse, hot towels, cut throat shave & moisturise (50 mins)  
.....£25

**Matis Facial & Shave:** A Matis Mens Facial incorporating a cut throat shave  
(1 hr 30mins).....£55

**MATISPA BODY TREATMENTS**

(Products available for retail)

An exciting range of unique innovative products all focused on the theme of total well-being and Spa therapy. A program of exclusive Spa treatments each with its own specific massage with 4 clear themes: slimming, draining, energising and relaxing.

All Matispa Treatments include the Matis Welcome Body Massage, full body exfoliation, specific massage and mask. Please allow for showering

Add a Sunglow tan to any MatiSpa Body Treatment (15 mins).....add £15

**Slimming**

**Slimming Silhouette:**

A self-heating treatment to redefine the silhouette, guarana extract promotes the elimination of excess water, lipids and toxins (1 hr 30 mins).....£60

**Targeted Treatment:**

A perfectly sculpted figure from “mosaic” bringing slimming and toning effects  
(1 hr 30 mins) .....£60

**Relaxing**

**Sauna Cocoon:**

An intensely relaxing treatment that cocoons the body in the bath of soothing warmth  
(1 hr 30 mins) .....£60

**Sheer Delight:**

Characterised by its feather light “chocolate mousse” texture and its exclusive active ingredients. A deliciously sensual pathway to wellbeing (1 hr 30 mins).....£60

**Draining**

### **Hot and Cold Slimming Cure:**

A stimulating triple-action treatment: draining, slimming and firming (1 hr 30 mins).....£60

### **Energising**

#### **Mineral Wrap:**

Plunge to the depths with this mineral treatment and benefit from its revitalising and invigorating properties (1 hr 30 mins).....£60

### **MASSAGE AND HOLISTICS**

#### **Matis Full Body Exfoliation:**

Leaves skin silky smooth, ideal as a pre-holiday treatment (30 mins).....£20

Including full body moisturise (40 mins).....£25

Add a back exfoliation to any back massage (10mins).....add £5

Add a full body exfoliation to any full body massage (30mins).....add £15

#### **Swedish Massage:**

A stimulating deep massage to relieve muscular aches and pains, leaving you in a totally relaxed state

Neck, back and shoulder (30 mins).....£25

Full body (1 hr) .....£35

Full body including face and head (1 hr 15 mins).....£40

Add Infra-red heat lamp.....£3

#### **Aromatherapy Massage:**

Choose from a selection of pre-blended aromatherapy oils designed to aid peaceful sleep, rejuvenate, de-stress, or relieve aches and pains

Neck, back and shoulder (30 mins).....£30

Full body massage including face and head (1 hr 15 mins).....£45

#### **Hot-Stone Massage:**

Working in harmony using various massage techniques, warm stones and penetrative oils are used to relax the body at its deepest level. Helps to create positive energy flow, reduce tension and aches and pains.

Neck, back and shoulder (30 mins).....£32

Full body (1 hr) .....£45

#### **Thai Style Massage:**

A relaxing, yet invigorating and uplifting treatment using massage movements with steam-heated compresses containing herbal ingredients and exotic essential oils

Neck, back and shoulder (30 mins).....£35

Full body (1 hr) .....£50

### **Synchronised Massage:**

A two-therapist, four-hand full body treatment for those who want to be utterly relaxed and ache free (30 mins).....£35  
(1 hr).....£50  
Hot stone synchronised massage (30mins).....£40  
(1 hr)..... £60

### **Indian Head Massage:**

Based on the ancient Indian healing system, this massage helps to improve circulation, relieve tension and leave you feeling relaxed and rejuvenated as we work on your back, neck, shoulders, arms, head and face (40 mins).....£25

### **Hopi Ear Candles:**

A gentle treatment creating warmth and balance of pressure in the ears. With a massage-like effect on the eardrum, they will help with earache, headaches, help to achieve clearer thinking and a balanced feeling.  
Includes a pressure-point massage (40 mins).....£25

## **TREATMENT PACKAGES**

Enjoy your treatment package alone or with friends, lounge in your robe for the day and have use of the gym facilities at Dunchurch Park Hotel. All packages include a welcome drink and meals can be added at extra cost

### **Holistic Trio:**

Incorporating a hot-stone massage for the neck, back and shoulders, hopi ear candles and a mini Indian head massage including pressure-point massage. Will leave you totally relaxed and stress free (1 hr 30 mins).....(save £15) £55

### **Mother-To-Be Treatment:**

Our unique formulations and textures provide an experience of pleasure for the skin from head to toe. A completely indulgent treatment, incorporating facial and body treatment, to take care of your pregnancy needs. Recommended after 1<sup>st</sup> trimester (1 hr 30 mins) .....£55

### **Woman On The Go**

For those with little time to spare, enjoy this 2 therapist treat and still have all the pampering you need. A Matis luxury pedicure with one therapist, whilst you have a Skin Enhancer Treatment facial with another. Whilst feet and face are relaxing under a mask, enjoy a hand and arm massage with both therapists (1hr 10mins) .....(save £18) £67

**Aphrodite Treatment:**

A Vitalite Energy Booster and Regenerating Treatment, Swedish neck, back and shoulder massage and Luxury Pedicure (2 hrs 40mins).....(save £20) £77

**Adonis Treatment:**

A Matis Men's facial with a cut throat shave, Swedish full body massage and Eyebrow shape (2 hrs 40mins).....(save £20) £77

**Winter Warmer:**

Full Body Hot Stone massage, Mini Manicure and Pedicure incorporating paraffin wax (buffing and oil replaces polish for a natural finish) and mini head massage using warm oil (2 hrs 20mins) .....(save £20) £75

**Refresh and Revive:**

A Cleansing Treatment facial, Back Treatment incorporating cleanse, exfoliate, Swedish neck, back and shoulder massage and moisturise and a mini manicure and pedicure (2 hrs 30mins).....(save £20) £78

**Party Pamper:**

A full set of Acrylic nails, Minx toe nails, Eyelash extensions and Make-up application (2 hrs 40 mins).....(save £18) £85

**Jet lag Reviver:**

An Eye Contour Treatment, Mineral Wrap Body Treatment and Make-up application (2 hrs 50mins).....(save £23) £100

**Summer Escape:**

Hot and Cold Slimming Cure Body Treatment, Eye Contour Treatment and Luxury Pedicure with cooling O.P.I. mask (2 hrs 30 mins).....(save £25) £100

**Relax Me:**

A Sauna Cocoon Matispa Body Treatment, 20 minute face and scalp massage followed by an Ultimate Hydrating Treatment facial with a leg and foot and hand and arm massage (2 hrs 40mins).....(save £33) £110

**Mother of the Bride:**

A Reponse Temps Time Defying Facial Treatment, Full Body Exfoliation and Moisturise, Eyebrow wax and Manicure and Pedicure (3 hrs 40 mins) .....(save £28) £110

**Double Trouble:**

A two therapist treatment including a synchronised 30 minute Hot Stone Massage, Manicure, Pedicure, Cleansing Treatment Facial and Hopi Ear Candles (2 hrs)  
.....(save £25) £120

**Beach Babe:**

Mineral Wrap Body Treatment with Sunglow tan, Shape and Polish for hands and toes and a Deluxe Eye Package (3 hrs).....(save £34) £120

**Bride To Be:**

A Skin Enhancer Treatment and Eye Contour Treatment, Targeted Treatment Body treatment with Sunglow tan, Manicure and Pedicure and Eyelash Extensions (5 hours – or request 2 therapists to shorten your treatment time).....(save £43) £180

**Add the following items to your package:**

- Chocolate fondue with fruit and marshmallows: £3.50 per person

**Dunchurch only**

- Afternoon Tea: £7.50
- Fruit Platter: £8
- 2 Course Lunch £10
- 3 Course Dinner £18

**VIP TREATMENTS PACKAGES**

**Mr and Mrs:**

A Remineralising Treatment facial for her and a Mens Facial for him, followed by a Sheer Delight body treatment and Pedicure for both of you (3 hrs 30 mins)  
.....(save £40) £220

**Mother and Daughter:**

An Intensive Wrinkle Corrective Treatment for mum and a Cleansing Treatment for Daughter. Followed by an Eye Package (skin test required), Swedish neck, back and shoulder massage and Make-up application (2 hrs 30 mins).....(save £40) £200

**Friends Reunited:**

Pedicure, mini Manicure, Swedish neck, back and shoulder massage, mini facial, Eyelash Extensions and Post facial basic make-up (2 hrs 40mins).....(save £32) £190

**PARTIES**

**Princess Party:** Includes Princess Manicure and Pedicure, make-up, goodie bag and chocolate fondue. Minimum of 4 children aged 12 and under (50 mins per princess)  
.....(save £8) £20 each

**Teen Party:**

Includes Teen Facial, Make-up, Shape and Polish for hands or toes with nail art,

goodie bag and chocolate fondue. Minimum of 4 teenagers aged 13-19 (70 mins per teen).....(save £15 each) £36 each

**Make-Up Party:**

We will provide a full skin consultation, make-up application and lesson. Watch and learn how to apply your make-up, practise on each other and allow us to show you many techniques using our Jane Iredale mineral make-up. (1 hr per person) Minimum of 4 people.....(save £10 each) £30 each

**MAKE-UP**

(Products available for retail)

Using a professional make-up by Jane Iredale, designed to be super-gentle to the skin. With products based on micronised minerals, they are so pure and beneficial to use that they are recommended by plastic surgeons throughout the world. Products are environmentally aware and not tested on animals

- Day or evening make-up (50 mins).....£28
- Bridal Trial (1 hr).....£30
- Bridal on the day (if you've had your trial with us) (40 mins).....£15
- If you're having your Bridal make-up with us then you can also benefit with discounts for family members and Bridesmaids (40 mins each).....1 extra £25 each
- .....2-3 extra £22 each
- .....4-5 extra £20 each
- .....6+ £18 each
- .....Princess Bridesmaids (aged 12 and under) £7 each
- Make-up lesson (1 hour).....£35
- Post facial basic make-up including concealer, powder and blush (15 mins).....£8
- Post facial full make-up (35 mins).....£20

**Make-Up Party:**

We will provide a full skin consultation, make-up application and lesson. Watch and learn how to apply your make-up, practise on each other and allow us to show you many techniques using our Jane Iredale mineral make-up. (1 hr per person) Minimum of 4 people.....(save £10 each) £30 each

**WAXING**

(Products available for retail)

Australian Bodycare is the most hi-tech, state-of-the-art waxing system. Using tea tree oil, the most powerful antiseptic known to man, and aftercare creams that help soothe and deter ingrowing hairs. Australian Bodycare offers a waxing system that is 100% contamination free. We also offer a hot wax, which is kinder to those sensitive areas

	Tube wax	Hot wax
Eyebrow (10 mins).....	£8	
Upper lip or chin (10 mins).....	£7	(10 mins) £9
Upper lip and chin (15 mins).....	£12	(20 mins) £15
Sides of face (15 mins).....	£12	(20 mins) £15
Underarm (15 mins).....	£10	(20 mins) £13
Half leg (20 mins).....	£16	
Half leg (top half) (30mins).....	£19	
¾ leg (30 mins).....	£19	
Full leg (40 mins).....	£22	
Full leg and bikini (1 hr).....	£32	
Bikini (20 mins).....	£14	(30 mins) £17
Brazilian (30mins).....	£22	(40 mins) £25
Hollywood (30 mins).....	£25	(40 mins) £28
Stomach (10 mins).....	£6	(10 mins) £8
Forearm (20mins).....	£14	
Arm (30mins).....	£18	

### Male Waxing:

Upper Chest (20 mins).....	£18
Chest and Abdomen (30 mins).....	£25
Upper back (20 mins).....	£18
Full back inc shoulders (30 mins).....	£25

### EYE TREATMENTS

It is recommended to avoid mascara when having eye treatments and to remove contact lenses. A skin test is required 24 hours prior for perm and tint

Eyelash Extensions: clusters of eyelashes are used along the top of your lashes to create length and volume (20 mins).....	£18
Removal of eyelash extensions (10 mins).....	£7
Eyelash perm: gives your eyelashes a curl that lasts up to 8 weeks (50 mins).....	£25
Eyelash tint (20 mins).....	£12
Eyebrow tint (10 mins).....	£8
Eyebrow shape (10 mins).....	£7
Eye package: Includes eyelash and eyebrow tint and eyebrow wax/shape (30 mins).....	(save £6) £22
Deluxe Eye package: Includes Eyelash perm and tint, Eyebrow tint and eyebrow wax/shape with a relaxing eye and pressure point massage (1 hr 20mins).....	(save £13) £43

### TANNING

(Pre and aftercare products available for retail)

**Matis Sunglow Treatment:**

A self tan suitable for any skin type, incorporating exfoliation and a tan application to leave the skin with a wonderful glow (45 mins).....£35

Add a Sunglow tan to any MatiSpa Body Treatment (15 mins).....add £15

**Sol glo Spray Tanning:**

Perfect for a special night out or weekend away, this spray tan offers that sun-kissed look for up to seven days. Sol glo develops to suit your own natural colourings, so it is perfect for any skin type. Choose from Sun Kissed (8%) or Sun Drenched (12%)

(20 mins) .....£22

**SUNBED**

(225 watt vertical tanning unit)

You may use the sunbed 3 times per week with a minimum of 24 hours between each session. It is important that you have protective eyewear when using the sunbed

2 minutes.....£1.50

4 minutes.....£3

6 minutes.....£4.50

8 minutes.....£6

10 minutes.....£7.50

**Courses (all valid for 6 months)**

1 hr.....£35 (SAVE £10)

1 hr 30 mins.....£50 (SAVE £17.50)

2 hrs.....£65 (SAVE £25)

2 hrs 30 mins.....£80 (SAVE £32.50)

**HANDS AND FEET**

(You are recommended to wear open-toed shoes when having a pedicure)

**Shape and Paint:**

Hands (20 mins) .....£10

Feet (20 mins).....£13

**Mini:** Includes exfoliation, massage and shape and paint

Manicure (30 mins).....£15

Pedicure (30 mins).....£18

**Manicure/Pedicure:** Experience the benefits of O.P.I products with exfoliation, massage, cuticle work and skin treated. Finish with a colour from our O.P.I range.

Manicure (40 mins).....£20

Pedicure (50 mins).....£25

**Luxury:** Includes O.P.I mask or paraffin wax

Manicure (50 mins) .....£25

Pedicure (1 hr).....£30

**Matis Luxury:** Pure luxury using products that will help to hydrate, soothe and bathe with essential minerals, exfoliate with marine and plant extracts and bathe in a mask of gentle heat. Finish with a polish of your choice

Manicure (1 hr).....£30

Pedicure (1 hr 10 mins).....£35

Add French Polish.....add £2.50

Add O.P.I Nail Envy Strengthener.....add 50p

Add O.P.I Designer Polish.....add 50p

Add minx nails to your Manicure or Pedicure.....add £12

### MINX NAILS

**Minx nails:** Including nail prep and minx application to hands or toes (40 mins)...£22

Add minx nails to your Manicure, Pedicure or Acrylic nails.....add £12

### PRINCESS TREATMENTS

(Ages 12 and under)

**Princess Manicure/Pedicure:** Includes moisturise in choice of fragrance, shape and polish and nail art

Manicure (20 mins).....£8

Pedicure (20 mins).....£10

**Princess Make-up** (10 mins).....£7

**Princess Party:** Includes Princess Manicure and Pedicure, make-up, goodie bag and chocolate fondue. Minimum of 4 children aged 12 and under (50 mins per princess)

.....(save £8) £20 each

### TEEN TREATMENTS

(Ages 13-19)

**Teen Facial:**

Includes cleanse, exfoliation, steam, extraction and moisturise. A great introduction to a skincare routine (25mins).....£16

**Teen Party:**

Includes Teen Facial, Make-up, Shape and Polish for hands or toes with nail art, goodie bag and chocolate fondue. Minimum of 4 teenagers aged 13-19 (70 mins per teen).....(save £15 each) £36 each

## TOOTH GEMS

Temporary tooth jewels in a variety of colours, sizes and design (10 mins).....£10

## NAIL EXTENSIONS:

Weekend nails natural (30 mins).....	£18
Full set: French or natural tip or sculpted (1 hr).....	£35
Sculpted colour tip (1 hr 10 mins).....	£38
Sculpted 2-colour tip (1 hr 20 mins).....	£40
Infills (50 mins).....	£18
Rebalance (1 hr) .....	£20
Rebalance colour tip (1 hr 10 mins).....	£23
Rebalance 2-colour tip (1 hr 20 mins).....	£25
Repairs.....	£3
Removal: Includes file off, nail strengthener and oil (25 mins).....	£15
Removal and Shape and Polish (40 mins).....	£20
Removal and Manicure (60 mins).....	£30
Add polish application to your acrylic nails (10 mins).....	£3
Add minx nails to your Acrylic nails.....	add £12

## Toes:

French tip (40 mins).....	£25
Full Colour (40 mins).....	£25

## BODY PIERCINGS

Ear piercing (pair) includes aftercare solution (10 mins).....	£15
One ear.....	£10

Body piercings available please call the salon or visit our website for more details

## IPL CLINIC

The IPL machine offers a variety of treatments with fantastic results. For more details or prices please contact the salon. A patch test is required and as is free of charge. Please visit our website at [www.aphroditebeautyandspa.com](http://www.aphroditebeautyandspa.com) for more details on our IPL and prices.

## Permanent Hair Reduction:

We offer hair removal as a one-off treatment or course of 6 for long-term results. Results show 85% permanent reduction after 6 treatments. Prices start from £50

## Vascular/Pigmented Lesions:

To treat broken capillaries and thread veins of the face.

## Photo/Skin Rejuvenation:

To treat sun damage, sun spots and pigmentation and stimulate collagen production.

## Acne Treatment:

Clients use Adapalene on the area for 3 weeks prior to 1<sup>st</sup> treatment that will reduce hyper keratinisation and allow more effectiveness.

### VISITING SPECIALISTS

**GP Anti Wrinkle Clinic:** Offering facial anti-wrinkle injections, injectable fillers and lip enhancement treatments. Consultations available.

**Teeth Whitening Clinic:** Laser teeth whitening including a homecare kit worth £55. (1 hr).....£250

Please visit our website at [www.aphroditebeautyandspa.com](http://www.aphroditebeautyandspa.com) for more details on our visiting specialists, prices and dates.

### APHRODITE'S POLICIES AND INFORMATION:

**Treatment Times:** We book out more than the treatment time to enable a thorough consultation and treatment to be carried out. If you are a new client, please arrive 10 minutes before your treatment time.

**Deposits:** A non refundable 50% deposit is required for bookings of £50 and over. If you are unable to keep your appointment, please follow the cancellation policy to make sure the deposit is not lost.

**Cancellation Policy:** Please allow a minimum of 24 hours notice if you are unable to keep your appointment. Less than 24 hours notice will result in a 50% charge being made on the treatment booked.

**VIP Rooms:** We have a number of VIP rooms, perfect for couples, friends or family wanting to enjoy their Aphrodite experience together

**Children:** Unless your child is having a treatment with us we ask that you do not bring them for any treatments being carried out so you and our clients can completely relax

**Shhh:** We ask that all mobiles are switched off during treatments

**Spray Tan:** Please exfoliate and remove hair the day before your tan and avoid wearing moisturiser, deodorant, and foundation on the day of your tan. Wear loose, dark clothing and shoes and allow for development of your tan for the rest of the evening.

**IPL Treatments:** For 30 days prior do not use sunbeds or sunbathe, do not use self-tan, do not wax, tweeze or thread hair from the area, do not have electrolysis and do not use depilatory creams or bleach the area.